



QUAD Dipsea

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November 29, 2006

Dear Quad Dipsea runner:

Thank you for participating in this year's Quad. What a spectacular day we had! I hope that you enjoyed your day on the trail and that your knees and quads have stopped screaming at you by now.

Organizing an event like this takes careful planning, hard work, and being able to persuade a lot of your friends to help out. This year the key volunteers were:

Administrative stuff: Laurie Wilson, Stan Jensen.

Course marking: Lisa Henson, Jennifer Ray, Chris Miller, Chuck Wilson, Tropical John.

"O-dark-hundred" early bird course monitoring: Tony Rossmann and Hollis Lenderking.

At Old Mill Park: Lisa Henson (captain), Dave Combs, Stan Jensen, Deb Hanschar, Greg Soderlund, David Gordon & Trilby, Bill White & Lee Remick, Rick Blick, Pete Hazarian, Jennifer Ray, Zoe & Julie Ray, Eileen, Ernesto Matal Sol (who also ran).

At Windy Gap: Mark & Linda Magers, Martin Gutierrez.

Unofficial surprise Muir Woods aid station: Suzanna Bon, Duane Dea.

At Cardiac: Chuck Wilson (captain), Chris Miller, Steve Reagan, Mary Cantini, Rick Norkin, Ana Braga-Levaggi, Alfred & Edith Bogenhuber, Phil Brown, Dieter Walz, Ann Grove.

At Stinson Beach: John Pearch (captain), Ethan Veneklasen, Dan O'Farrell, Carol Lane, Jeffrey Rogers, Ken Gregorich, Glen Martin.

Sweeps: Jim Winne, Bob Agazzi, Dawn Moses, Rick Corella.

Downhill Bill's famous black bean soup: Bill White

Pre- and post-race grunt work: Lisa Henson, E. "Rocket" Jones, Lynn Schankliess, Eric "EE" Ellisen, Rob Byrne, Adam Ray, Kelly & Chelsea Ridgway, Bill White, Lee Remick,

Many other folks, mostly friends and family of those who were running, simply showed up and pitched in. It is so great to have their spirited help.

We are blessed to have a wonderful long-term working partnership with our sponsors, Ultrahealth Sports Physical Therapy of San Francisco and GU. Ultrahealth sponsored the event for the 20th (!!) consecutive year. They not only provide financial backing (which allows for the relatively modest entry fee) but also help staff the Cardiac aid station. They are great friends of the sport and, should it happen that you find yourself injured, they are quite simply the best therapy clinic anywhere. They know runners and the ultra mentality and will get you back on the trail as soon as possible.

For Sports Street Marketing, makers of GU energy gel and GU2O electrolyte drink, this year marks the 14th consecutive year of steady encouragement and support. The Quad was the first race that GU ever sponsored, a fact that we are very proud of!

Finally, thank *you* for participating. The views were spectacular, the trail in great shape, and the weather was simply awesome – many runners said that the race conditions this year were the best ever! I hope you had fun.

aloha,

Tropical Jones



2006 Quad Dipsea

final results

<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>City</u>	<u>Single</u>	<u>Double</u>	<u>Triple</u>	<u>Final</u>
1	Michael Buchanan	33M	San Carlos	0:59	2:01	3:07	4:15:25
2	Victor Ballesteros	36M	San Rafael	1:03	2:06	3:09	4:16:29
3	Roy Rivers	49M	Mill Valley	0:58	1:59	3:05	4:19:41
4	Jasper Halekas	30M	Oakland	0:58	2:00	3:05	4:20:50
5	Jean Pommier	42M	Cupertino	0:59	2:02	3:09	4:20:51
6	Jed Tukman	35M	San Rafael	1:02	2:09	3:15	4:25:16
7	Greg Nacco	46M	Sausalito	1:05	2:11	3:20	4:32:04
8	Richard Blanco	37M	Redwood City	1:02	2:09	3:18	4:35:59
9	Michael Wedemeyer	31M	Portland OR	1:01	2:06	3:18	4:36:06
10	Andy Holak	38M	Duluth MN	1:01	2:08	3:18	4:37:57
11	Sean Meissner	33M	Sisters OR	1:03	2:07	3:16	4:38:32
12	Mark Tanaka	39M	Castro Valley	1:07	2:17	3:29	4:40:08
13	Jonathan Kimura	26M	Cupertino	1:07	2:14	3:24	4:40:39
14	Glen Redpath	37M	Brooklyn NY	1:07	2:13	3:22	4:42:14
15	Wynn Davis	25M	River Falls WI	1:01	2:06	3:20	4:44:40
16	Jamie Berns	F55	Corte Madera	1:09	2:20	3:33	4:48:56
17	Kim Holak	F37	Duluth MN	1:05	2:16	3:32	4:49:40
18	James Varner	29M	Olympia WA	1:06	2:16	3:24	4:50:09
19	Chris Greene	38M	Fairfax	1:05		3:27	4:52:06
20	Andrew Alder	31M	Sunnyvale	1:03	2:10	3:28	4:53:53
21	Tim Fitzpatrick	45M	Larkspur	1:08	2:19	3:32	4:56:04
22	Karl Hoagland	41M	Fairfax	1:09	2:22	3:39	4:58:55
23	Sam Lueck	33M	Sausalito	1:05	2:16	3:33	4:59:43
24	Kurt Glaubitz	41M	Mill Valley	1:10	2:23	3:41	5:00:48
25	Paul DeWitt	38M	Monument CO	0:58	2:04	3:20	5:01:46
26	Adam Ray	40M	Oakland	1:06	2:17	3:33	5:01:49
27	Jason Moyer	33M	Bend OR	1:08	2:19	3:40	5:02:11
28	Diana Fitzpatrick	F48	Larkspur	1:09	2:20	3:38	5:04:07
29	Chris Luberecki	39M	Tahoe City	1:04	2:15	3:35	5:04:19
30	Chris Stephenson	41M	Preston WA	1:06	2:19	3:38	5:04:24
31	Mark Gilligan	35M	Oakland	1:04	2:15	3:39	5:04:34
32	Paul Berensmeier	44M	Forest Knolls	1:13	2:28	3:47	5:09:14
33	Scott Dunlap	37M	Woodside		2:22	3:41	5:10:19
34	Beth Vitalis	F41	Livermore	1:11	2:27	3:48	5:11:10
35	Joe Schieffer	55M	Oakland	1:10	2:25	3:46	5:12:26
36	Jeffrey McWhinney	45M	San Rafael	1:13	2:26	4:04	5:12:57
37	David Gerraty	43M	Mill Valley	1:15	2:28	3:48	5:14:30
38	Jan Prochaska	40M	Neuenhagen,	1:10	2:24	3:47	5:16:16

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39	Ted Knudsen	37M	San Rafael	1:12	2:29	3:52	5:17:38
40	Luanne Park	F46	Redding	1:11	2:26	3:47	5:17:50
41	John Fors	39M	Menlo Park	1:08	2:24	3:50	5:18:33
42	Ralf Venne	43M	Fairfax	1:14	2:33	3:56	5:20:43
43	Laila Rezai	F31	San Anselmo	1:16	2:34	3:55	5:22:57
44 =	Brian Wyatt	36M	Berkeley	1:10	2:23	3:50	5:24:04
	Florencia Gascon-						
44 =	Amyx	F42	Mill Valley	1:16	2:36	3:57	5:24:04
46	Jon de St Paer	33M	Mill Valley	1:09	2:21	3:51	5:26:18
47	Ken White	45M	San Rafael	1:16	2:36	4:01	5:26:36
48	Jeri Howland	F50	Corte Madera	1:11	2:28	3:55	5:26:40
49	Bob Pearson	50M	San Ramon	1:12	2:29	3:56	5:30:37
50	Wendell Doman	47M	Pleasant Hill	1:12	2:31	3:56	5:31:19
51	Laura King	F31	Mill Valley	1:16	2:34	3:58	5:31:49
52	Grant Wilcox	46M	Castro Valley	1:13	2:30	3:55	5:32:02
53	Suzie Lister	F41	San Ramon	1:15	2:35	3:43	5:32:23
54	Mark Hollingsworth	43M	San Gabriel	1:16	2:38	4:01	5:32:59
55	Robert Allen	38M	San Francisco	1:10	2:24	3:54	5:33:33
56	Mario Jackson	34M	El Cerrito	1:15	2:34	3:58	5:34:36
57	Rick Gaston	35M	San Francisco	1:23	2:41	4:04	5:35:17
58	Brad Rippe	51M	San Anselmo	1:14	2:33	4:02	5:35:27
59	John Zerbe	38M	San Francisco	1:18	2:41	4:10	5:35:47
60	Andy Black	48M	Oakland	1:12	2:32	4:01	5:35:56
61	Betsy Nye	F42	Truckee		2:40	4:08	5:36:19
62	Paul Sweeney	40M	Truckee	1:16	2:40	4:08	5:36:24
63	Andrew Mitchell	39M	San Rafael	1:22	2:46	4:13	5:36:34
64	Christine Chapon	F48	Pidemont	1:14	2:36	4:06	5:37:10
65	Dave Covey	45M	Mill Valley	1:17	2:40	4:04	5:39:58
66	Charles Crompton	58M	Everson WA	1:12	2:33	4:04	5:40:20
67	Adrian Palomino	38M	Mill Valley	1:17	2:33	3:56	5:41:09
68	Steve Bradley	43M	Fremont	1:18	2:42	4:13	5:41:40
69	Jim Dunn	38M	Falmouth ME	1:16	2:36	4:02	5:41:54
70	Bob Akka	47M	Sausalito	1:22	2:48	4:12	5:41:58
71	Brad McKeague	43M	Fairfax	1:11	2:30	4:01	5:42:52
72	Adam Citarella	35M	Novato	1:24	2:49	4:15	5:44:22
73	David Rhodes	36M	San Ramon	1:10	2:29	4:04	5:45:10
74	Bill Bradley	46M	Santa Rosa	1:15	2:36	4:07	5:46:28
75	Jerome Lourme	45M	Petaluma	1:13	2:32	4:02	5:46:41
76	Tom Eckert	47M	Tahoe City	1:25	2:55	4:22	5:49:02
77	David Williams	53M	Herald	1:22	2:48	4:13	5:49:15
78 =	Mike Sweeney	51M	San Rafael	1:19	2:48	4:21	5:49:36
78 =	Nancee Kuehn	F33	Sausalito	1:19	2:48	4:21	5:49:36

80	Mark Metcalfe	37M	El Cerrito	1:26	2:53	4:20	5:52:14
81	Dan Borcharding	23M	Davis	1:26	2:54	4:23	5:52:35
82 =	Dimitris Sklavapoulos	61M	Mill Valley	1:12	2:37	4:14	5:52:52
82 =	Jim Hildreth	52M	San Mateo	1:28	2:54	4:22	5:52:52
84	Adrian Crane	51M	Modesto	1:29	2:54	4:18	5:53:50
85	Jeff Guido	27M	San Francisco	1:10	2:27	4:06	5:54:39
86	Taylor Valentino	21M	Novato	1:25	2:49	4:21	5:54:48
87	Jim Schollard	40M	Sausalito	1:21	2:45	4:17	5:54:58
88	Steve Wilbur	34M	Mill Valley	1:10	2:32	4:10	5:55:10
89	Bob Cowdrey	62M	Millbrae	1:18	2:44	4:18	5:55:22
90	Jonathan Gunderson	29M	San Francisco			4:17	5:56:28
91	Julie Nye	F44	Berkeley	1:16	2:48	4:21	5:57:18
92	Marc Harrison	42M	Shaker Heights OH	1:29	3:02	4:30	5:58:34
93	Errol "Rocket" Jones	56M	Oakland	1:19	2:45	4:17	5:58:47
94	Kevin McKay	41M	Corte Madera	1:09	2:24	4:13	5:58:55
95	Eric "EE" Ellisen	45M	Oakland	1:10	2:30	4:10	5:59:48
96	Jay Buckley	51M	Fairfax	1:27	2:58	4:30	6:00:03
97	Robert Philkill	40M	San Francisco	1:23	2:48	4:22	6:00:30
98	Georgia Gibbon	F37	Berkeley	1:24	2:51	4:24	6:01:19
99	Dennis Mowbray	54M	San Anselmo	1:20	2:48	4:22	6:04:52
100	Kyong Martin	F51	San Mateo		3:03	4:33	6:05:16
101	Scott Glogovac	52M	Reno NV	1:26	2:54	4:29	6:06:25
102	Dave Van Wicklin	54M	Foresthill	1:21	2:47	4:26	6:07:23
103	Armand Prieditis	45M	Davis	1:21	2:51	4:31	6:07:56
104	Grant Carboni	36M	Sacramento	1:23	2:50	4:23	6:08:41
105	Amanada Ferguson	F29	Orinda	1:28	2:59	4:33	6:09:40
106	Chris Marolf	42M	Menlo Park	1:29	3:01	4:36	6:10:26
107	Dorothy Golubski	F41	Pleasanton	1:26	2:56	4:31	6:10:45
108	Doug Bond	43M	San Francisco	1:30	3:03	4:36	6:11:11
109	Gary Hilliard	52M	Sierra Madre	1:24	2:55	4:32	6:12:24
110 =	Jack Meyer	43M	Foresthill	1:29	3:02	4:39	6:13:31
110 =	Molly Pelton	F27	Grass Valley	1:29	3:02	4:39	6:13:31
112	Jamshid Khajavi	54M	Kirkland WA	1:16	2:48	4:25	6:16:15
113	Todd Mikolajczyk	44M	San Rafael	1:29	3:02	4:38	6:16:31
114	Marissa Walker	F39	Berkeley	1:33	3:07	4:43	6:18:51
115	Laura Vaughan	F41	Tahoe City	1:18	2:45	4:17	6:19:05
116	Rob Byrne	49M	Oakland	1:22	2:52	4:35	6:19:42
117	Brien Crothers	48M	Middletown	1:26	2:53	4:29	6:20:37
118	Douglas Gallaher	38M	San Francisco	1:22	2:51	4:33	6:20:49
119	Bob Bunnell	56M	Kentfield	1:25	2:55	4:34	6:22:02
120	James Lynch	38M	Belvedere	1:22	2:50	4:38	6:22:06
121	Mike Lynch	43M	Sparta NJ	1:23	2:52	4:39	6:22:08
122	Phil Penna	58M	Santa Rosa	1:27	2:57	4:34	6:22:39

123	Kirt Moret	52M	San Francisco	1:27	3:01	4:41	6:22:54
124	Catra Corbett	F41	Fremont	1:29	3:04	4:42	6:24:23
125	Hans Schmid	66M	Greenbrae	1:35	3:10	4:43	6:26:06
126	Squirrel Ruiz	49M	Carson City NV	1:25	2:58	4:38	6:26:16
127	Mark Barichievich	42M	Woodland	1:22	2:54	4:39	6:30:37
128	Jerry Roninger	60M	Fremont	1:25	3:00	4:43	6:33:07
129	Jeff Jones	52M	Sunnyvale	1:29	3:03	4:45	6:33:58
130	= John Mark	54M	Santa Cruz	1:32	3:12	4:55	6:34:54
130	= Karen Pierce	F43	Colfax	1:32	3:12	4:55	6:34:54
130	= Kathy Welch	F53	Auburn	1:32	3:12	4:55	6:34:54
133	Dan Berman	53M	Santa Rosa	1:38	3:12	4:52	6:36:20
134	Buzz Higgins	62M	Benicia		3:05	4:46	6:36:53
135	Rita Schildknecht	F42	San Mateo	1:42	3:18	4:57	6:36:55
136	Rod Dickson	60M	Santa Rosa	1:25	2:56	4:43	6:37:16
137	Lynn Schankliess	F39	Oakland	1:29	3:07	4:48	6:37:40
138	Steven Harrold	59M	Sacramento	1:29	3:03	4:56	6:38:25
139	Chris Muller	37M	Cerritos	1:30	3:08	4:55	6:40:00
140	Robert Callan	40M	San Francisco	1:29	3:07	4:50	6:40:02
141	Christine Flaherty	F53	Sacramento	1:31	3:13	4:56	6:40:49
142	Mike Savage	47M	Rocklin	1:23	2:58	4:56	6:41:02
143	Hao Liu	30M	San Jose	1:32	3:05	4:46	6:41:35
144	Claire Guido	F32	New York NY	1:25	3:00	4:46	6:41:37
145	Andy Herum	26M	Auburn	1:19	2:51	4:46	6:42:48
146	Colleen Moyer	F37	Bend OR	1:33	3:16	5:04	6:44:49
147	Charles Savage	58M	Novato	1:29	3:07	4:57	6:45:39
148	Mike Palmer	53M	Berkeley	1:32	3:12	4:57	6:46:44
149	Brad Zook	51M	Twain Harte	1:26	2:58	4:48	6:47:04
150	Doug Arnold	60M	Sacramento	1:25	3:00	4:49	6:47:36
151	Kamila Larripa	F27	Davis	1:26	3:03	4:56	6:47:43
152	Helmut Roesner	37M	Los Gatos	1:39	3:19	5:00	6:48:54
153	Karen Hanke	F44	Santa Rosa	1:29	3:10	4:56	6:49:07
154	Judy DeWitt	F43	Monument CO	1:34	3:17	5:02	6:50:28
155	Michael Scandrett	52M	Minneapolis MN	1:52	3:50	5:16	6:50:33
156	Tessa Walsh	F47	Stinson Beach	1:32	3:16	5:03	6:51:03
157	Dwight Ashdown	52M	San Francisco	1:29	3:01	4:46	6:52:02
158	Laura Spain	F39	Concord		3:15	5:01	6:52:34
159	Jennifer Griste	F42	San Diego	1:38	3:16	5:08	6:52:35
160	Heather Perry	F39	Redwood City	1:33	3:10	5:02	6:53:09
161	Marcia Dellwo	F48	Auburn		3:13	4:59	6:54:38
162	Chau Pham	53M	Milpitas	1:35	3:16	5:04	6:56:07
163	Janice Chesnut-Rose	F48	Sammamish WA	1:31	3:07	4:57	6:57:11
164	Bill Donnelly	56M	San Rafael	1:23	2:59	4:50	6:59:26
165	Nadia Costa	F35	Orinda	1:47	3:28	5:11	7:01:48

166	Michael Quigley	54M	Santa Rosa	1:27	3:02	4:54	7:02:31
167	Craig Panhofer	34M	Mill Valley	1:22	2:45	4:36	7:03:56
168	Pam Harlow	F36	San Jose	1:34	3:08	4:57	7:04:31
169	Mylinh Nguyen	F48	Milpitas	1:38	3:20	5:10	7:05:14
170	Tina Whyte	F48	Forest Knolls	1:34	3:20	5:10	7:07:09
171	Ken Crouse	51M	Folsom	1:34	3:16	5:09	7:07:58
172	Jennifer Lopez-Bonilla	F31	San Francisco	1:32	3:14	5:09	7:07:59
173	Floyd Redmon	61M	Nevada City	1:40	3:23	5:14	7:09:12
174	Sarah Spelt	F47	Pleasant Hill	1:33	3:14	5:12	7:09:19
175	Jim Richards	49M	Livermore	1:29	3:10	5:09	7:10:26
176	Fred Liebes	60M	Fairfax	1:32	3:16	5:14	7:11:02
177	Rick Spencer	57M	Costa Mesa	1:43	3:23	5:11	7:11:26
178	Vinnie Torres	31M	Pasadena	1:28	3:08	5:16	7:11:56
179	Robert Butsic	60M	San Francisco	1:43	3:36	5:21	7:11:57
180	Chris Foster	48M	Aptos	1:43	3:24	5:15	7:12:42
181	= Andrew Cross	23M	San Rafael	1:33	3:11	5:12	7:15:37
181	= Melanie Johnson	F53	San Rafael	1:33	3:16	5:13	7:15:37
183	Barbara Ringstad	F51	Bend OR	1:33	3:17	5:09	7:15:48
184	Curtis Ringstad	55M	Bend OR	1:33	3:16	5:09	7:15:49
185	Jude Radeski	45M	Santa Rosa	1:33	3:12	5:03	7:18:20
186	= Ernesto Matal Sol	47M	Antioch	1:33	3:33	5:24	7:21:26
186	= Ernst Bohn	66M	Sebastopol	1:31	3:13	5:04	7:22:16
188	Domingo DeGuzman	46M	Vallejo		3:28	5:21	7:22:19
189	= Julie Mohr	F35	Sacramento	1:37	3:23	5:25	7:27:01
189	= Steven Sprague	41M	Sacramento	1:35	3:18	5:23	7:27:01
191	Ben Grieb	60M	San Francisco	1:41	3:24	5:22	7:27:44
192	Patricia Koren	F50	Cupertino	1:42	3:34	5:31	7:28:32
193	Tim Amyx	47M	Mill Valley	1:46	3:36	5:28	7:28:36
194	Kate Morejohn	F53	Davis	1:45	3:37	5:33	7:29:34
195	Douglas Armstrong	53M	Berkeley	1:27	3:15	5:24	7:33:53
196	= Julia Bramer	F42	Danville	1:45	3:38	5:35	7:34:33
196	= Christina Brownson	F56	Cupertino	1:43	3:36	5:37	7:34:43
198	Robert Tuller	42M	San Francisco	1:40	3:24	5:27	7:35:04
199	Larry England	51M	Morgan Hill	1:43	3:32	5:34	7:36:06
200	Larry Castano	53M	Novato	1:45	3:36	5:36	7:37:42
201	Fred Stout	56M	Greenbrae	1:43	3:31	5:32	7:38:25
202	= Don Lundell	44M	Palo Alto	1:46	3:42	5:39	7:38:56
202	= Gillian Robinson	F40	Palo Alto	1:45	3:42	5:39	7:38:56
204	Tom Kaisersatt	66M	San Jose	1:43	3:35	5:33	7:40:26
205	George Hall	55M	Santa Cruz	1:29	3:23	5:33	7:44:06
206	Julio Bonilla	34M	San Francisco	1:41	3:33	5:35	7:45:40
207	Bob Gilbert	43M	Davis	1:43	3:36	5:30	7:46:02
208	Barbara Zerbe	F44	San Francisco	1:37	3:34	5:33	7:46:37

209	Lee Rhodes	73M	Centennial CO	1:53	3:49	5:50	7:50:15
210	= Carol Cuminale	F54	Santa Cruz	1:45	3:41	5:46	7:51:54
210	= Kathy Crompton	F50	Everson WA	1:45	3:41	5:46	7:51:54
212	Noel Relyea	F61	Cupertino	1:57	3:55	5:50	7:53:30
213	Thomas Collins	44M	Lodi	1:51	3:43	5:45	7:53:34
214	Nancy Lemmel	F46	Alameda		3:39	5:45	7:54:20
215	Tony Graboyes	47M	Benicia	1:56	3:57	5:57	7:54:26
216	Robert Fosselman	23M	Davis	1:32	3:19	5:31	7:56:27
217	Ron Vertrees	69M	Vallejo	1:51	3:45	5:46	7:56:58
218	Brad Thompson	49M	Lafayette	1:33	3:32	5:46	7:58:33
219	Scott Browar	53M	Coarsegold	1:50	3:46	5:57	7:58:37
220	AnnaLaura Scandrett	F21	Gambier OH	1:52	3:50	5:54	7:59:28
221	Ray Nicholl	70M	Arnold	1:48	3:42	5:43	8:00:52
222	Steve Jaber	54M	Mill Valley	1:47	3:51	5:54	8:08:20
223	Janet Hayes	F50	Shingle Springs	1:53	3:51	5:59	8:09:51
224	Nancy Williams	F49	El Dorado	1:53	3:51	5:59	8:10:01
225	Barbara Elia	F61	Modesto	1:53	3:50	6:04	8:17:36
226	Dale Lee	51M	Martinez	1:52	3:51	6:04	8:25:56

Kevin Porter	54M	San Anselmo	1:36	3:16	5:30	
Gina Castano-Herum	F28	Auburn	1:53	3:53	5:59	
Tim Knudsen	32M	Mill Valley	0:58	2:01		
Grant Sisler	30M	San Francisco	1:15	2:49		
Andrew Rhine	47M	Mill Valley	1:25	2:54		
Bob Knox	60M	Mill Valley	1:22	2:55		
George Forman	60M	Nicasio	1:28	3:08		
Wasatch Fred Riemer	59M	Salt Lake City UT	1:36	3:22		
Bill "Liberty" Odom	57M	Folsom	1:41	3:23		
Chris Valentino	51M	Novato	1:35	3:24		
Candace Wilson	F52	Twain Harte	1:35	3:27		
Tom Grossi	62M	Pleasant Hill	1:42	3:27		
Karen Guenther	F47	Sebastopol	1:37	3:35		
David Pinto	55M	Novato	1:43	3:36		
Ellen Crouse	F53	Folsom	1:45	3:36		
Richard Jones	68M	Rocklin	1:42	3:40		
Dana Guido	F31	New York NY	1:37	3:45		
Christian Lustic	58M	San Rafael	1:42	3:56		
Mike Webb	57M	Mill Valley	1:47	4:07		
Stephen Meyers	40M	Berkeley	1:57	4:07		
Jim Arthurs	75M	Reno NV	1:59	4:15		
Mike Johnson	58M	Mill Valley	2:00	4:15		
Tony Rossmann	65M	Oakland	2:20	4:58		
Seth Davis	35M	Oakland	1:08			

Prudence L'Heureux	F36	Santa Cruz	1:10
Gregory Allen	43M	Mill Valley	1:18
Joseph Swenson	51M	Livermore	1:33
Scott-ray Becker	44M	San Francisco	1:48
Dick Laine	76M	San Carlos	1:51

255 starters, 88.6%

Division Winners

Men Open

1. Michael Buchanan
2. Victor Ballesteros
3. Jasper Halekas

Men Masters

1. Roy Rivers
2. Jean Pommier
3. Greg Nacco

Men 50-59

1. Joe Schieffer
2. Bob Pearson
3. Brad Rippe

Men 60-69

1. Dimitris Sklavapolous
2. Bob Cowdrey
3. Hans Schmid

Men 70+

1. Lee Rhodes
2. Ray Nichol

Women Open

1. Kim Holak
2. Laila Rezai
3. Laura King

Women Masters

1. Diana Fitzpatrick
2. Beth Vitalis
3. Luanne Park

Women 50-59

1. Jamie Berns
2. Jeri Howland
3. Suki Martin

Women 60+

1. Noël Relyea
2. Barbie Elia

Jones Division

1. Rocket
2. Jeff
3. Geoff
4. Richard

Oaktown Division

1. Jasper Halekas
2. Adam Ray
3. Mark Gilligan
4. Joe Schieffer
5. Andy Black
6. Rocket
7. EE
8. Rob Byrne
9. Lynn Schankliess
10. Tony Rossmann
11. Seth Davis

