

# Tamalpa May Track Meet, May 18, 2021

A large turnout of 46 runners participated in the first Summer Tamalpa Track Meet of 2021 on May 18, 2021 at San Rafael High School. The first race of the meet was the One Mile Race. Isaac Blum took the lead from the start and won the race with a fine 5:04.08. Isabel Diaz was the first female finisher with a strong 6:28:23. 67-Year-Old Mike Lotter had the highest age grade score for the race as he finished with a 6:26.45 for an age grade of 76.28%.

The next race was the 400M and 33-year-old Joshua Bornstein was the winner with a fast 0:58.65. 19-year-old Taylor Viera, who held the Open Woman's Tamalpa Track Meet Record with a 1:03.25 for the 400M set in 2018, broke that Record by 0.03 with a 1:03:22 finish and had the highest the highest age graded performance in the Race with a 77.27%. Taylor now holds the NEW Open Woman's Tamalpa Track Meet Record of 1:03.22!

The 800M race was next and Joshua Bornstein, again, was an easy winner in 2:26:06. The first female finisher in 2:50:27 was Egda Maldonado. 67-year-old Keith Duncan had the highest age grade in the race with his 3:06:46 finish and an age grade score of 71.87%.

The next race was the 200M and 19-year-old Aristotle Webber won easily with a time of 0:26:27 Taylor Viera followed up her women's victory in the 400M as the first female finisher in the 200M with a time of 0:27:47 and she had the highest age grade for the race and highest age grade score for the Track Meet with a 79.18%

Aristotle Webber was a repeat winner with his first-place finish in the 100M race with a very fast 0:12.95. 14-year-old Emiciya Robertson was the first female finisher with a time of 0:15:13. 48-year-old Markelle Taylor had the highest age grade in the race with a time of 0:13.71 and an age grade score of 78.99%.

The final two races of the meet, the 2 Mile and the 5000M, were run concurrently to close the meet. Anchit Desai won the 2 Mile Race with a time of 12:37.52. Joyce Lai was the first female finisher in the 2 Mile Race with a time of 15:00:73. 64-year-old Brian McCurdy had the highest age graded performance of 71.87% for the race with his 14:11.54 finish.

Jason Reed was the winner in the 5000M with a time of 18:46:16. 46-year-old Makiko Yamashita was the first female finisher in 20:39.00 and had the highest age grade in the race with a 76.76%.

Jason Reed, Isabel Diaz, Areli Brandt and Melissa Gramajo were the ironman and ironwomen for the track meet, as they ran in the maximum of 6 races in the Meet.

Thanks to Kevin Rumon, Christian Oakes, Claire O'Donnell and Liz Gottlieb for doing the timing and race results for the meet, Cindy Goh and Lillie O'Reilly for registering runners and Phil Oreste for acting as the starter for the sprints. The next Tamalpa Track meet will be on Tuesday, June 15, 2021, at 6:30 PM at the San Rafael High School Track.

## **Tamalpa Track Meet**

### **San Rafael High School**

**18-May-21**

Place	1 MILE	Age	Sex	Time	Age Grade %	AG Place
1	Isaac Blum	33	M	5:04.08	74.06%	5
2	Jason Reed	42	M	5:17:59	75.29%	4

3	<b>Jonathan Bretan</b>	38	M	5:20:27	72.47%	8
4	<b>Markelle Taylor</b>	48	M	5:29.67	75.99%	2
5	<b>Danny Alvarado</b>	44	M	5:49:09	69.55%	9
6	<b>Rob Bartlett</b>	43	M	6:09:15	65.26%	13
7	<b>Yovary Diaz</b>	37	M	6:18:44	60.88%	16
8	<b>Mike Lotter</b>	67	M	6:26:45	76.28%	1
9	<b>David Green</b>	41	M	6:27:02	61.31%	15
10	<b>Keith Duncan</b>	67	M	6:28:09	75.96%	3
11	<b>Isabel Diaz</b>	36	F	6:28:23	66.33%	11
12	<b>Brian McCurdy</b>	64	M	6:29:66	73.60%	7
13	<b>Paul Herrerias</b>	65	M	6:31:68	73.89%	6
14	<b>Marvin Rodas</b>	44	M	6:44:28	60.06%	18
15	<b>Rony Rodas</b>	36	M	6:48:69	55.95%	27
16	<b>Ana Chambers</b>	30	F	6:49:04	61.58%	14
17	<b>Brian Caynan</b>	46	M	6:49:77	60.18%	17
18	<b>Friolan Hernandez</b>	43	M	6:58:04	57.63%	25
19	<b>Melissa Gramajo</b>	33	F	7:08:78	59.19%	20
20	<b>Joyce Lai</b>	36	F	7:10:27	59.85%	19
21	<b>Areli Brandt</b>	35	F	7:15:06	58.84%	22
22	<b>Amily Huang</b>	48	F	7:23:49	65.73%	12
23	<b>Juan Escobar</b>	53	M	7:29:81	57.98%	24
24	<b>Anabela Diaz</b>	42	F	7:40.46	58.94%	21
25	<b>Herminio Mazariegos</b>	52	M	7:56.03	54.35%	28
26	<b>Gary Semling</b>	59	M	7:58:91	57.30%	26
27	<b>Susan Kreusch</b>	58	F	8:09:74	67.95%	10
28	<b>Connaitre Chateaubriant</b>	70	M	8:43:27	58.12%	23
29	<b>Bill Donnelly</b>	70	M	10:25:46	46.01%	29

#### 400 METERS

1	<b>Joshua Bornstein</b>	33	M	0:58:65	74.71%	2
2	<b>Anchit Desai</b>	31	M	1:02:04	69.60%	4
3	<b>Taylor Viera</b>	19	F	1:03:22	77.27%	1

4	<b>Jason Reed</b>	42	M	1:07:39	69.51%	5
5	<b>Yovary Diaz</b>	37	M	1:09.76	64.74%	8
6	<b>Mike Rotkowitz</b>	46	M	1:11.07	67.79%	7
7	<b>Taino Mesa</b>	13	M	1:14.92	64.47%	9
8	<b>Egda Maldonado</b>	43	F	1:15.35	71.89%	3
9	<b>Herminio Mazariegos</b>	52	M	1:18.75	63.73%	10
10	<b>Brian McCurdy</b>	64	M	1:19:54	68.15%	6
11	<b>Friolan Hernandez</b>	43	M	1:20:65	58.49%	14
12	<b>Juan Escobar</b>	53	M	1:21:82	61.75%	12
13	<b>Ana Chambers</b>	30	F	1:22:57	57.65%	16
14	<b>Brian Caynan</b>	46	M	1:23:08	57.99%	15
15	<b>Isabel Diaz</b>	36	F	1:23:42	60.21%	13
16	<b>Melissa Gramajo</b>	33	F	1:28:26	54.97%	19
17	<b>Joyce Lai</b>	36	F	1:28:36	56.85%	17
18	<b>Areli Brandt</b>	35	F	1:29:87	55.29%	18
19	<b>Lacimar Mesa</b>	11	M	1:37:75	52.49%	21
20	<b>Lily Rotkowitz</b>	8	F	1:45:04	62.55%	11
21	<b>Leiba Mesa</b>	9	M	1:45:37	53.05%	20
22	<b>Bill Donnelly</b>	70	M	2:03:54	47.76%	22

#### 800 METERS

1	<b>Joshua Bornstein</b>	33	M	2:26:06	69.22%	3
2	<b>Alan Goron</b>	30	M	2:33:63	65.81%	6
3	<b>Jason Reed</b>	42	M	2:37:82	68.62%	4
4	<b>Rob Bartlett</b>	43	M	2:48:11	65.02%	7
5	<b>Egda Maldonado</b>	43	F	2:50:27	70.24%	2
6	<b>Yovary Diaz</b>	37	M	2:53:49	59.54%	8
7	<b>Keith Duncan</b>	67	M	3:06:46	71.87%	1
8	<b>Brian McCurdy</b>	64	M	3:09:81	68.59%	5
9	<b>Isabel Diaz</b>	36	F	3:15:15	58.06%	9
10	<b>Ana Chambers</b>	30	F	3:21:44	56.25%	10
11	<b>Melissa Gramajo</b>	33	F	3:22.66	55.91%	12
12	<b>Brian Caynan</b>	46	M	3:24:21	54.99%	13

13	<b>Areli Brandt</b>	35	F	3:36:29	52.38%	16
14	<b>Taino Mesa</b>	13	M	3:38:48	52.22%	17
15	<b>Juan Escobar</b>	53	M	3:41:28	53.87%	14
16	<b>Herminio Mazariegos</b>	52	M	3:42:10	53.26%	15
17	<b>Gary Semling</b>	59	M	3:43:85	55.93%	11
18	<b>Lacimar Mesa</b>	11	M	3:59:79	50.67%	19
19	<b>Connaitre Chateaubriant</b>	70	M	4:27:92	51.69%	18
20	<b>Bill Donnelly</b>	70	M	4:58:28	46.43%	20

#### 200 METERS

1	<b>Aristotle Webber</b>	19	M	0:26:27	74.34%	4
2	<b>Taylor Viera</b>	19	F	0:27:47	79.18%	1
3	<b>Markelle Taylor</b>	48	M	0:28:98	76.22%	2
4	<b>Jason Reed</b>	42	M	0:29:56	71.52%	5
5	<b>Emiciya Robertson</b>	14	F	0:30:57	75.37%	3
6	<b>Herminio Mazariegos</b>	52	M	0:32:50	69.94%	7
7	<b>Yovary Diaz</b>	37	M	0:33:42	60.89%	8
8	<b>Brian McCurdy</b>	64	M	0:35:00	70.37%	6
9	<b>Juan Escobar</b>	53	M	0:38:75	59.05%	9
10	<b>Ana Chambers</b>	30	F	0:38:94	54.80%	12
11	<b>Brian Caynan</b>	46	M	0:39:11	55.69%	11
12	<b>Isabel Diaz</b>	36	F	0:39:52	54.33%	13
13	<b>Areli Brandt</b>	35	F	0:40:14	53.16%	15
14	<b>Joyce Lai</b>	36	F	0:40:21	53.39%	14
15	<b>Melissa Gramajo</b>	33	F	0:40:40	52.82%	16
16	<b>Leiba Mesa</b>	9	M	0:44:19	56.30%	10
17	<b>Bill Donnelly</b>	70	M	1:01:70	41.82%	17

#### 100 METERS

1	<b>Aristotle Webber</b>	19	M	0:12.95	76.99%	2
2	<b>Markelle Taylor</b>	48	M	0:13.71	78.99%	1
3	<b>Jason Reed</b>	42	M	0:14.05	74.02%	4

4	<b>Herminio Mazariegos</b>	52	M	0:14.93	74.48%	3
5	<b>Emiciya Robertson</b>	14	F	0:15:13	73.56%	5
6	<b>Juan Escobar</b>	53	M	0:17:18	65.13%	6
7	<b>Isabel Diaz</b>	36	F	0:17:78	59.00%	7
8	<b>Areli Brandt</b>	35	F	0:18:43	56.92%	8
9	<b>Melissa Gramajo</b>	33	F	0:19:65	53.38%	10
10	<b>Brian McCurdy</b>	64	M	0:21:23	56.48%	9
11	<b>Bill Donnelly</b>	70	M	0:27:23	45.61%	11

#### 2 Mile

1	<b>Anchit Desai</b>	31	M	12:37.52	62.96%	3
2	<b>Alan Goron</b>	30	M	13:02.79	60.78%	5
3	<b>Brian McCurdy</b>	64	M	14:11.54	71.87%	1
4	<b>Rony Goron</b>	33	M	14:46:76	54.14%	8
5	<b>Jorge Oroxom</b>	37	M	14:53:88	54.95%	7
6	<b>Joyce Lai</b>	36	F	15:00:73	61.24%	4
7	<b>Anabela Diaz</b>	42	F	16:27.37	58.40%	6
8	<b>Susan Kreusch</b>	58	F	16:58:29	69.33%	2

#### 5000 Meters

1	<b>Jason Reed</b>	42	M	18:46:70	74.02%	2
2	<b>Makiko Yamashita</b>	46	F	20:16.00	78.21%	1
3	<b>Marvin Rodas</b>	44	M	22:09.00	63.66%	4
4	<b>Isabel Diaz</b>	36	F	22:20.00	66.72%	3
5	<b>Friolan Hernandez</b>	43	M	22:33.00	62.08%	6
6	<b>Ana Chambers</b>	30	F	23:30.00	62.84%	5
7	<b>Rony Rodas</b>	36	M	24:10.00	56.17%	9
8	<b>Melissa Gramajo</b>	33	F	24:12.00	61.16%	8
9	<b>Areli Brandt</b>	35	F	24:14.00	61.35%	7
10	<b>Stein Onsrud</b>	63	M	29:31.00	55.45%	10

#### AGE GRADING

>100% = World record level

**> 90% = World class**

**> 80% = National class**

**> 70% = Regional class**