

Tamalpa May Track Meet, May 18, 2021

A large turnout of 46 runners participated in the first Summer Tamalpa Track Meet of 2021 on May 18, 2021 at San Rafael High School. The first race of the meet was the One Mile Race. Isaac Blum took the lead from the start and won the race with a fine 5:04.08. Isabel Diaz was the first female finisher with a strong 6:28:23. 67-Year-Old Mike Lotter had the highest age grade score for the race as he finished with a 6:26.45 for an age grade of 76.28%.

The next race was the 400M and 33-year-old Joshua Bornstein was the winner with a fast 0:58.65. 19-year-old Taylor Viera, who held the Open Woman's Tamalpa Track Meet Record with a 1:03.25 for the 400M set in 2018, broke that Record by 0.03 with a 1:03:22 finish and had the highest the highest age graded performance in the Race with a 77.27%. Taylor now holds the NEW Open Woman's Tamalpa Track Meet Record of 1:03.22!

The 800M race was next and Joshua Bornstein, again, was an easy winner in 2:26:06. The first female finisher in 2:50:27 was Egda Maldonado. 67-year-old Keith Duncan had the highest age grade in the race with his 3:06:46 finish and an age grade score of 71.87%.

The next race was the 200M and 19-year-old Aristotle Webber won easily with a time of 0:26:27 Taylor Viera followed up her women's victory in the 400M as the first female finisher in the 200M with a time of 0:27:47 and she had the highest age grade for the race and highest age grade score for the Track Meet with a 79.18%

Aristotle Webber was a repeat winner with his first-place finish in the 100M race with a very fast 0:12.95. 14-year-old Emiciya Robertson was the first female finisher with a time of 0:15:13. 48-year-old Markelle Taylor had the highest age grade in the race with a time of 0:13.71 and an age grade score of 78.99%.

The final two races of the meet, the 2 Mile and the 5000M, were run concurrently to close the meet. Anchit Desai won the 2 Mile Race with a time of 12:37.52. Joyce Lai was the first female finisher in the 2 Mile Race with a time of 15:00:73. 64-year-old Brian McCurdy had the highest age graded performance of 71.87% for the race with his 14:11.54 finish.

Jason Reed was the winner in the 5000M with a time of 18:46:16. 46-year-old Makiko Yamashita was the first female finisher in 20:39.00 and had the highest age grade in the race with a 76.76%.

Jason Reed, Isabel Diaz, Areli Brandt and Melissa Gramajo were the ironman and ironwomen for the track meet, as they ran in the maximum of 6 races in the Meet.

Thanks to Kevin Rumon, Christian Oakes, Claire O'Donnell and Liz Gottlieb for doing the timing and race results for the meet, Cindy Goh and Lillie O'Reilly for registering runners and Phil Oreste for acting as the starter for the sprints. The next Tamalpa Track meet will be on Tuesday, June 15, 2021, at 6:30 PM at the San Rafael High School Track.

Tamalpa Track Meet

San Rafael High School

18-May-21

Place	1 MILE	Age	Sex	Time	Age Grade %	AG Place
1	Isaac Blum	33	M	5:04.08	74.06%	5
2	Jason Reed	42	M	5:17:59	75.29%	4

3	Jonathan Bretan	38	M	5:20:27	72.47%	8
4	Markelle Taylor	48	M	5:29.67	75.99%	2
5	Danny Alvarado	44	M	5:49:09	69.55%	9
6	Rob Bartlett	43	M	6:09:15	65.26%	13
7	Yovary Diaz	37	M	6:18:44	60.88%	16
8	Mike Lotter	67	M	6:26:45	76.28%	1
9	David Green	41	M	6:27:02	61.31%	15
10	Keith Duncan	67	M	6:28:09	75.96%	3
11	Isabel Diaz	36	F	6:28:23	66.33%	11
12	Brian McCurdy	64	M	6:29:66	73.60%	7
13	Paul Herrerias	65	M	6:31:68	73.89%	6
14	Marvin Rodas	44	M	6:44:28	60.06%	18
15	Rony Rodas	36	M	6:48:69	55.95%	27
16	Ana Chambers	30	F	6:49:04	61.58%	14
17	Brian Caynan	46	M	6:49:77	60.18%	17
18	Friolan Hernandez	43	M	6:58:04	57.63%	25
19	Melissa Gramajo	33	F	7:08:78	59.19%	20
20	Joyce Lai	36	F	7:10:27	59.85%	19
21	Areli Brandt	35	F	7:15:06	58.84%	22
22	Amily Huang	48	F	7:23:49	65.73%	12
23	Juan Escobar	53	M	7:29:81	57.98%	24
24	Anabela Diaz	42	F	7:40.46	58.94%	21
25	Herminio Mazariegos	52	M	7:56.03	54.35%	28
26	Gary Semling	59	M	7:58:91	57.30%	26
27	Susan Kreuzsch	58	F	8:09:74	67.95%	10
28	Connaitre Chateaubriant	70	M	8:43:27	58.12%	23
29	Bill Donnelly	70	M	10:25:46	46.01%	29

400 METERS

1	Joshua Bornstein	33	M	0:58:65	74.71%	2
2	Anchit Desai	31	M	1:02:04	69.60%	4
3	Taylor Viera	19	F	1:03:22	77.27%	1

4	Jason Reed	42	M	1:07:39	69.51%	5
5	Yovary Diaz	37	M	1:09.76	64.74%	8
6	Mike Rotkowitz	46	M	1:11.07	67.79%	7
7	Taino Mesa	13	M	1:14.92	64.47%	9
8	Egda Maldonado	43	F	1:15.35	71.89%	3
9	Herminio Mazariegos	52	M	1:18.75	63.73%	10
10	Brian McCurdy	64	M	1:19:54	68.15%	6
11	Friolan Hernandez	43	M	1:20:65	58.49%	14
12	Juan Escobar	53	M	1:21:82	61.75%	12
13	Ana Chambers	30	F	1:22:57	57.65%	16
14	Brian Caynan	46	M	1:23:08	57.99%	15
15	Isabel Diaz	36	F	1:23:42	60.21%	13
16	Melissa Gramajo	33	F	1:28:26	54.97%	19
17	Joyce Lai	36	F	1:28:36	56.85%	17
18	Areli Brandt	35	F	1:29:87	55.29%	18
19	Lacimar Mesa	11	M	1:37:75	52.49%	21
20	Lily Rotkowitz	8	F	1:45:04	62.55%	11
21	Leiba Mesa	9	M	1:45:37	53.05%	20
22	Bill Donnelly	70	M	2:03:54	47.76%	22

800 METERS

1	Joshua Bornstein	33	M	2:26:06	69.22%	3
2	Alan Goron	30	M	2:33:63	65.81%	6
3	Jason Reed	42	M	2:37:82	68.62%	4
4	Rob Bartlett	43	M	2:48:11	65.02%	7
5	Egda Maldonado	43	F	2:50:27	70.24%	2
6	Yovary Diaz	37	M	2:53:49	59.54%	8
7	Keith Duncan	67	M	3:06:46	71.87%	1
8	Brian McCurdy	64	M	3:09:81	68.59%	5
9	Isabel Diaz	36	F	3:15:15	58.06%	9
10	Ana Chambers	30	F	3:21:44	56.25%	10
11	Melissa Gramajo	33	F	3:22.66	55.91%	12
12	Brian Caynan	46	M	3:24:21	54.99%	13

13	Areli Brandt	35	F	3:36:29	52.38%	16
14	Taino Mesa	13	M	3:38:48	52.22%	17
15	Juan Escobar	53	M	3:41:28	53.87%	14
16	Herminio Mazariegos	52	M	3:42:10	53.26%	15
17	Gary Semling	59	M	3:43:85	55.93%	11
18	Lacimar Mesa	11	M	3:59:79	50.67%	19
19	Connaitre Chateaubriant	70	M	4:27:92	51.69%	18
20	Bill Donnelly	70	M	4:58:28	46.43%	20

200 METERS

1	Aristotle Webber	19	M	0:26:27	74.34%	4
2	Taylor Viera	19	F	0:27:47	79.18%	1
3	Markelle Taylor	48	M	0:28:98	76.22%	2
4	Jason Reed	42	M	0:29:56	71.52%	5
5	Emiciya Robertson	14	F	0:30:57	75.37%	3
6	Herminio Mazariegos	52	M	0:32:50	69.94%	7
7	Yovary Diaz	37	M	0:33:42	60.89%	8
8	Brian McCurdy	64	M	0:35:00	70.37%	6
9	Juan Escobar	53	M	0:38:75	59.05%	9
10	Ana Chambers	30	F	0:38:94	54.80%	12
11	Brian Caynan	46	M	0:39:11	55.69%	11
12	Isabel Diaz	36	F	0:39:52	54.33%	13
13	Areli Brandt	35	F	0:40:14	53.16%	15
14	Joyce Lai	36	F	0:40:21	53.39%	14
15	Melissa Gramajo	33	F	0:40:40	52.82%	16
16	Leiba Mesa	9	M	0:44:19	56.30%	10
17	Bill Donnelly	70	M	1:01:70	41.82%	17

100 METERS

1	Aristotle Webber	19	M	0:12.95	76.99%	2
2	Markelle Taylor	48	M	0:13.71	78.99%	1
3	Jason Reed	42	M	0:14.05	74.02%	4

4	Herminio Mazariegos	52	M	0:14:93	74.48%	3
5	Emiciya Robertson	14	F	0:15:13	73.56%	5
6	Juan Escobar	53	M	0:17:18	65.13%	6
7	Isabel Diaz	36	F	0:17:78	59.00%	7
8	Areli Brandt	35	F	0:18:43	56.92%	8
9	Melissa Gramajo	33	F	0:19:65	53.38%	10
10	Brian McCurdy	64	M	0:21:23	56.48%	9
11	Bill Donnelly	70	M	0:27:23	45.61%	11

2 Mile

1	Anchit Desai	31	M	12:37.52	62.96%	3
2	Alan Goron	30	M	13:02.79	60.78%	5
3	Brian McCurdy	64	M	14:11.54	71.87%	1
4	Rony Goron	33	M	14:46:76	54.14%	8
5	Jorge Oroxom	37	M	14:53:88	54.95%	7
6	Joyce Lai	36	F	15:00:73	61.24%	4
7	Anabela Diaz	42	F	16:27.37	58.40%	6
8	Susan Kreuzsch	58	F	16:58:29	69.33%	2

5000 Meters

1	Jason Reed	42	M	18:46:70	74.02%	2
2	Makiko Yamashita	46	F	20:16.00	78.21%	1
3	Marvin Rodas	44	M	22:09.00	63.66%	4
4	Isabel Diaz	36	F	22:20.00	66.72%	3
5	Friolan Hernandez	43	M	22:33.00	62.08%	6
6	Ana Chambers	30	F	23:30.00	62.84%	5
7	Rony Rodas	36	M	24:10.00	56.17%	9
8	Melissa Gramajo	33	F	24:12.00	61.16%	8
9	Areli Brandt	35	F	24:14.00	61.35%	7
10	Stein Onsrud	63	M	29:31.00	55.45%	10

AGE GRADING

>100% = World record level

> 90% = World class

> 80% = National class

> 70% = Regional class