Print application, fill ou	ewal and New Mer at, and mail application			lpa Runners) to:	
Tamalp	a Runners, P.O. Box 4 OR		el, CA 94913		
Rene	ew/Sign up Online at:	www.tamalpa	runners.org		
New Membership Application	Renewal	Name and/or Address Changes Indicated Below			
Dues for New Membership or Renewal: Under 18 Years of Age (\$15 Individual Membership (\$35 Family of 2 (\$40) Family of 3 (\$45) Family of 4+ (\$50)	5)	ies)			
\$ Amount Enclosed (You may	pay dues for multiple yea	urs, if you wish.)		
\$ Donation to Tamalpa Runner	rs (Tax deductible)				
Name:					
Address:			-		
City:	State:	_ Zip:			
Home Phone: Work	:: Ce	11:			
Gender: Birthdate (m/d/y):	PA/USATF #:			_ T-Shirt/Sweatshirt Size:	
E-mail Address:					
Additional Family Member's Name:		Gender:	DOB:	T-Shirt/Sweatshirt Size	
Additional Family Member's E-mail Ad	ldress:				
		Gender:	DOB:	T-Shirt/Sweatshirt Size	
Additional Family Member's Name:					

Tamalpa Runners

What are your interests, and other family members' interests, if applicable?

____ Volunteer for Gazette

____ Volunteer for Club Management

Volunteer for Social Events ____Compete for team in Road or Cross Country Races ____Compete for team in Ultra Races

Volunteer for Race Management

CLUB MEMBERSHIP APPLICATION WAIVER

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Tamalpa Runners Club, Road Runners Club of America, USAT&F, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature:	Date:	
Parent's signature if under 18 years of age:		Date: