

Tamalpa August 2017 Track Meet

On 8/1/17 Tamalpa held our fourth Track Meet of 2017 at the Terra Linda High School Track. Temperatures were warm and the breezes that have been present this summer at the Terra Linda High School Track were nowhere to be found!

The first race of the meet was the One Mile. Jason Reed led for the first lap, but Greg King and T.R. Parker moved into the lead on laps 2 and 3. Max Kam had moved into 3rd place at the 3/4 Mile mark and then he displayed a strong finishing kick and won the race in 5:13.09. T.R Parker hung on for 2nd place in 5:14.35 and Greg King was half of a second back for a close 3rd place. 20-year-old Santa Clara University runner Bevin McCullough was the first Female finisher with a time of 5:55.71. 53-year-old Tim Wallen finished in 5th place with a time of 5:42.35 and had the highest age grade in the race with an 76.08%.

Max Kam easily took first place in the 400M with a 1:09.86 as he won his second race of the meet. 58-year-old Mark Stevens took second place with a time of 1:15.60 and had the highest age grade in the race with a 69.03%. The first Female finisher in the 400M was Sunita Rao in 1:59.91.

Max Kam made it 3 first place finishes in 3 races as he won the 800M in 2:41.62. 55-year-old Bryan Porter had the highest age grade in the 800M at 74.20% with his 2:43.47. Maggie Fillmore was the first female finisher with her 4:19.63.

Bojan Prokic edged out Max Kam for first place in the 200M with a 0:28.95. V.Tyler was the first female finisher in the 200M with her 0:31.52 and she had the highest age grade in the race with her 80.77%.

The 100M was a dead heat between Jason Reed and Max Kam who tied for first place with a time of 0:13.66. That was Max's 4th first place finish out of 5 races! Jason's 74.01% age grade was the highest age grade in the race. Maggie Fillmore was the first female finisher with her 0:22.53.

Greg King was the first-place finisher in the 3000M with a 10:42.47. 50-year-old Verity Breen was the first Female finisher in the 3000M with a time of 11:27.61 and she had the highest age grade in the race and for the meet with an 85.51%.

In the 5000M, T.R. Parker took the lead early and was the winner in the race with his 18:20.25. He also had the highest Age Grade in the Race with a 73.17%.

Max Kam and Chris Jones were the iron men of the meet as both ran the maximum of 6 races. Max took 4 first place finishes in those 6 races!

Thanks to Kevin Rumon, Justine Owen and Lon Freeman for working the finish line timing and placing; and Dan Borgonovo for starting the sprints and the 3000M & 5000M Races.

The next and FINAL Tamalpa Track Meet for 2017 is Tuesday, September 12, 2017.

Tamalpa Track Meet

Terra Linda High School
1-Aug-17

Place	1 MILE	Age	Sex	Time	Age Grade %	AG Place
1	Max Kam	31	M	5:13.09	71.45%	8
2	T.R. Parker	37	M	5:14.35	73.29%	3
3	Greg King	33	M	5:14.85	71.53%	7
4	Jason Reed	38	M	5:26.16	71.16%	10
5	Tim Wallen	53	M	5:42.35	76.18%	1
6	Bevin McCullough	20	F	5:55.71	70.76%	11
7	Bryan Porter	55	M	6:02.64	73.13%	5
8	Chris Jones	45	M	6:19.12	64.52%	14
9	Marvin Rodas	41	M	6:32.38	60.48%	16
10	Ed Carr	59	M	6:42.59	68.16%	13
11	Jim Myers	68	M	6:46.70	73.17%	4
12	Connaitre Chateaubriant	67	M	6:53.94	71.22%	9
13	Mark Stevens	58	M	6:36.86	64.49%	15
14	Sunita Rao	52	F	7:16.42	70.30%	12
15	Tricia Wallace	59	F	7:29.52	75.12%	2
16	Herminio Mazariegos	48	M	7:54.20	52.83%	17
17	Maggie Fillmore	67	F	8:45.45	72.59%	6

400 METERS

1	Max Kam	31	M	1:09.86	61.81%	3
2	Mark Stevens	58	M	1:15.60	69.03%	1
3	Art Marthinsen	58	M	1:17.33	67.49%	2
4	Chris Jones	45	M	1:19.47	60.22%	4
5	Tim Wallen	53	M	1:24.61	59.71%	5
6	Herminio Mazariegos	48	M	1:29.38	54.65%	7
7	Sunita Rao	52	F	1:59.91	49.42%	8
8	Maggie Fillmore	67	F	2:04.35	55.25%	6

800 METERS

1	Max Kam	31	M	2:41.62	62.55%	6
2	Bryan Porter	55	M	2:43.47	74.20%	1
3	David Leipsic	52	M	2:52.16	68.72%	4
4	Mark Stevens	58	M	2:59.31	69.27%	3
5	Chris Jones	45	M	3:01.19	61.43%	7
6	Marvin Rodas	41	M	3:08.94	56.79%	9
7	Jim Myers	68	M	3:13.84	69.90%	2

8	Herminio Mazariegos	48	M	3:34.08	53.39%	10
9	Connaitre Chateaubriant	67	M	3:51.71	57.83%	8
10	Maggie Fillmore	67	F	4:19.63	64.55%	5

200 METERS

1	Bojan Prokic	38	M	0:28.95	70.85%	3
2	Max Kam	31	M	0:29.56	65.63%	6
3	V. Tyler	50	F	0:31.52	80.77%	1
4	Chris Jones	45	M	0:32.51	66.50%	5
5	Mark Stevens	58	M	0:33.28	71.15%	2
6	Tim Wallen	53	M	0:33.90	67.49%	4
7	Herminio Mazariegos	48	M	0:36.68	60.22%	7
8	Maggie Fillmore	67	F	0:50.32	60.16%	8

100 METERS

1	Jason Reed	38	M	0:13.66	74.01%	1
1	Max Kam	31	M	0:13.66	71.67%	3
3	Chris Jones	45	M	0:14.48	77.41%	2
4	Bojan Prokic	38	M	0:15.75	64.19%	5
5	Herminio Mazariegos	48	M	0:16.69	68.89%	4
6	Mark Stevens	58	M	0:20.38	56.67%	7
7	Maggie Fillmore	67	F	0:22.53	64.09%	6

3000 METERS

1	Greg King	33	M	10:42.47	69.28%	2
2	Verity Breen	50	F	11:27.61	85.51%	1
3	Jim Myers	68	M	14:16.69	68.67%	3

5000 Meters

1	T.R. Parker	37	M	18:20.25	73.17%	1
2	Jason Reed	38	M	19:28.50	69.41%	3
3	Max Kam	31	M	19:47.77	65.92%	7
4	Chris Jones	45	M	20:41.69	68.70%	4
5	Marvin Rodas	41	M	20:46.87	66.41%	6
6	David Leipsic	52	M	21:15.03	70.51%	2
7	Dick Cordone	68	M	25:35.97	66.80%	5

Franklin Ruona